

Swim Wales National Championships 2025 - 24/04/2025 to 27/04/2025

Results - Session 1 (Warmup 8.00 - 9.00)

Event 104 Women 14-15 200 LC Meter Backstroke					Event 104 Women 16-17 200 LC Meter Backstroke				
Name	Age	Team	Prelim Time		Name	Age	Team	Prelim Time	
Preliminaries					Preliminaries				
1 Nichols, Grace	15	Pembs Cty	2:26.11		1 Titchener, Megan	17	Torfaen D	2:21.22	
33.75	36.97	38.32	37.07		33.19	35.49	36.49	36.05	
2 Anderson, Rosalie	15	Co Cardiff	2:27.50		2 Humphreys, Ffion	17	NofioGwynedd	2:21.33	
34.47	37.51	38.37	37.15		33.23	35.65	36.79	35.66	
3 Thomas, Serenity	15	NofioGwynedd	2:28.61		3 Dwyfor-Clark, Efa	16	NofioGwynedd	2:23.08	
34.52	37.00	38.57	38.52		33.36	36.18	37.04	36.50	
4 Hall, Emily	15	Warrington W	2:30.38		4 Parfitt, Lucy	17	Co Cardiff	2:27.99	
34.94	39.07	38.98	37.39		34.45	37.37	38.36	37.81	
5 Daniel, Megan	15	Caradon	2:30.44		5 Hempenstall, Amy	17	Guildford Ct	2:28.54	
34.35	37.81	39.51	38.77		34.72	37.32	38.19	38.31	
6 Bennett, Isla	14	Co Cardiff	2:30.82		6 Wardell, Cari	16	Co Cardiff	2:30.82	
35.21	37.81	39.07	38.73		34.55	38.11	39.06	39.10	
7 Reed, Isabella	14	Co Cardiff	2:35.06		7 Williams, Rose X	17	Co Cardiff	2:31.53	
36.39	39.49	39.75	39.43		36.26	38.28	38.97	38.02	
8 Edwards, Alaw	15	NofioGwynedd	2:35.31		8 Huws, Awen	17	Rct Squad	2:37.24	
36.69	38.94	41.25	38.43		35.00	40.19	41.05	41.00	
9 Parfitt, Kali	15	Torfaen D	2:35.45		9 Jones, Myia	17	Wrexham	2:38.73	
35.39	38.99	40.59	40.48		36.27	41.01	41.92	39.53	
10 Roberts, Mali	15	NofioGwynedd	2:35.99		10 Jones, Evie	17	Merthyr Tydf	2:39.70	
35.76	39.25	40.74	40.24		36.68	40.78	41.58	40.66	
11 Spence, Emilia	14	Co Birm'ham	2:36.09		Event 104 Women 18 & Over 200 LC Meter Backstroke				
35.85	39.21	40.34	40.69		Name Age Team Prelim Time				
12 Fowler, Maisie	14	Rct Squad	2:37.28		Preliminaries				
36.39	40.32	40.53	40.04		1 Stead, Martha	20	Swansea Uni	2:24.91	
13 Burns, Freya	14	Nofio S Gar	2:38.42		33.86	36.70	37.34	37.01	
36.43	40.53	41.54	39.92		2 Salmon, Gwen	18	Rct Squad	2:26.21	
14 McCooole-Jones, Elen	14	Holywell	2:38.85		33.87	37.28	37.70	37.36	
36.48	40.60	41.98	39.79		3 Blake, Emily	18	Co Cardiff	2:28.24	
15 Fitzgerald, Mali	15	Bridgend Cty	2:41.02		34.93	37.18	38.13	38.00	
36.13	40.81	42.69	41.39		4 Gill, Avani	23	Cardiff Mast	2:28.64	
16 Ribeiro, Ariana	14	Co Cardiff	2:41.54		33.99	37.26	38.22	39.17	
37.57	41.50	41.82	40.65		5 Hellfeld, Matilda	19	Nofio Bangor	2:37.49	
17 Upton-Boorman, Isabella	15	Nofio S Gar	2:42.09		34.76	39.28	41.59	41.86	
37.36	41.41	43.38	39.94		Event 104 Women 200 LC Meter Backstroke Multi-Class				
18 Jenkins, Elli	14	Swansea Aq	2:42.60		Name Age Team Prelim Time				
38.47	40.90	42.60	40.63		Preliminaries				
19 George, Ellie	14	Rct Squad	2:43.64		1 %Rogerson, Heidi S10	18	Holywell/A,12,+	2:57.59	
37.88	41.14	42.79	41.83		41.46	45.39	44.93	45.81	
20 Jones, Hunydd	14	Nofio S Gar	2:43.90						
38.46	42.73	42.33	40.38						
*21 Miller, Ailla	15	Ruthin	2:45.28						
37.51	42.32	43.31	42.14						
*21 Williams, Lili	14	Rct Squad	2:45.28						
38.14	42.49	43.23	41.42						
23 Dash, Amelie	14	Pembs Cty	2:45.33						
38.67	41.58	43.13	41.95						
24 Cressey-Rodgers, Gwenllian	15	Nofio S Gar	2:45.81						
38.33	41.10	42.97	43.41						
25 Williams, Leah	14	NofioGwynedd	2:46.33						
36.93	42.25	45.03	42.12						
26 McFarlane, Una	14	Pembs Cty	2:47.35						
38.79			43.29						
27 Hughes, Nel	14	NofioGwynedd	2:47.60						
37.65	42.15	44.29	43.51						
28 Thurston, Rene	14	Newtown	2:48.64						
38.23	44.00	44.84	41.57						